

Finch Nest Preschool Dinner Menu

	Week 1	Week 2	Week 3
Monday	Veggies and Pitta with Dip Lentil Crisps	Croissant/Bagel (Cheese/Ham) Veggie Sticks	Crackers/Sandwich (Cheese or Ham) Veggie Sticks
	Yoghurt	Fruit	Ice Cream
Tuesday	Sandwich (Cheese/Ham/Jam) Lentil Crisps and Veggie Sticks	Crackers (Cheese/Ham) Veggie Sticks	Beans/Spaghetti/Cheese on Toast
	Fruit	Ice Cream	Yoghurt
Wednesday	Beans/Spaghetti/Cheese on Toast	Sandwich (Cheese/Ham/Jam) Lentil Crisps and Veggie Sticks	Pizza and Veggie Sticks
	Ice Cream	Muffin	Fruit
Thursday	Sausage/Veggie Roll Veggie Sticks	Veggies and Pitta with Dip Lentil Crisps	Sandwich (Cheese/Ham/Jam) Lentil Crisps and Veggie Sticks
	Muffin	Yoghurt	Ice Cream
Friday	Pizza and Veggie Sticks	Sausage/Veggie Roll Veggie Sticks	Croissant/Bagel (Cheese/Ham) Veggie Sticks
	Yoghurt	Fruit	Muffin